

Policy & Procedure Manual

URINE SPECIMEN COLLECTION – R-VI-8

POLICY:

A urine specimen shall be obtained if ordered by a Physician.

PURPOSE:

To provide a clean urine sample for laboratory analysis.

PROCEDURE:

1. Plan the time of specimen collection. The specimen should be examined by the Laboratory Technician as soon as possible and a first morning specimen is preferable. Refrigerate specimen until delivered to the Laboratory.
2. Offer the person fluids to drink 30 minutes prior to sample collection time.
3. Wash your hands thoroughly and apply disposable gloves.
4. Explain the procedure to the person in a reassuring manner. Provide person privacy.
5. If the person is not able to provide the sample independently:
 - a. the person can void on a commode or toilet, place the collecting cup between the person's legs and hold it in place while the person voids; or place a clean urine specimen collector on toilet seat. Check for voiding every 15 minutes.
 - b. Once urine is obtained, transfer to specimen container.
6. A minimum of 10 cc. of urine, and up to 60 cc. is required for a complete urinalysis. Tightly close the lid of the specimen container while ensuring the label has been filled out.
7. Take the specimen to the Laboratory as soon as possible. Record in the person's Daily Notes that a urine specimen was collected and sent to the Laboratory. Indicate any obvious abnormality of the urine and the method of collection.

POLICY: R-VI-8

DEPARTMENT: Personal Support Services

CATEGORY: Health and Well-being Specialized Procedures

EFFECTIVE DATE: February 2025

SUPERSEDES VERSION DATED: August 2013

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8. If the specimen can not be obtained an order for catheterization can be obtained from the Physician. Catheterization must be done by a nurse either through accessing the nurse on the CRT or from the community.

APPENDICES: 0

OPERATIONAL ACCOUNTABILITY: Administration, Community Services (all)

ORIGINAL POLICY DATE: September 1992

AUTHORIZED BY: Executive Director

SIGNATURE:

